## Indoor WALKING CLUB



Tuesdays: 1:30 p.m. Walk 1:50 p.m. Stretch 2:00 p.m. Seminar

## **February Seminars:**

**February 4** 

Financial Literacy with Jennifer Walker of Carruthers and Walker Financial

**February 11** 

Wills & Estate Planning with Sorbara Law

**February 18** 

The Ageing Brain with CHATS

**February 25** 

MAID and Grief with Jennifer McCrae of Soul Transitions

All seminars are on ZOOM to receive the link email byorg@aurora.ca

## Walk. Stretch. Learn.

Aurora Family Leisure Complex wow@aurora.ca 365-500-3161

