

Aurora Family Leisure Complex (A.F.L.C.)

135 Industrial Parkway North | 905-841-7529

March Break Schedule

Saturday, March 8 to Sunday, March 16, 2025

Customer Service, Programs & Activities

DATE	CUSTOMER SERVICE	FITNESS Club Aurora	FITNESS Group Fitness Classes
Saturday March 8, 2025	7:30 a.m. to 9 p.m.	7:45 a.m. to 7 p.m.	8 a.m. to 8:45 a.m. – Cyclefit 8:10 a.m. to 9:10 a.m. – Boot Camp 9:20 a.m. to 10:20 a.m. – Yoga Stretch 10:25 a.m. to 11:25 a.m. – Zumba 11:30 a.m. to 12:30 p.m. – Zumba
Sunday March 9, 2025	7:30 a.m. to 7 p.m.	7:45 a.m. to 5 p.m.	8:15 a.m. to 9 a.m. – Cyclefit 8:30 a.m. to 9:30 a.m. – Total Body Strength 9:30 a.m. to 10:25 a.m. – Yoga Flow
Monday March 10, 2025	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 10 p.m.	6 a.m. to 6:45 a.m. – PiYo® 9 a.m. to 9:45 a.m. – Cyclefit 9:15 a.m. to 10:15 a.m. – Yoga Stretch 10:25 a.m. to 11:25 a.m. – Yoga Stretch 10:30 a.m. to 11:30 a.m. – Boomer ABCs 12:15 p.m. to 1 p.m. – Boot Camp 6:25 p.m. to 7:25 p.m. – Chisel 7:35 a.m. to 8:35 p.m. – Yoga Stretch
Tuesday March 11, 2025	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 10 p.m.	6 a.m. to 6:45 a.m. – P90X® 9 a.m. to 10 a.m. – RIP 9:15 a.m. to 10:15 a.m. – Zumba 12:15 p.m. to 1 p.m. – RIP 6:25 p.m. to 7:25 p.m. – Chisel 7:35 a.m. to 8:20 p.m. – Cycle
Wednesday March 12, 2025	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 10 p.m.	6 a.m. to 6:45 a.m. – Sunrise Yoga 8 a.m. to 8:50 a.m. – Cyclefit 9 a.m. to 10 a.m. – RIP 9:15 a.m. to 10:15 a.m. – Yoga Stretch 10:25 a.m. to 11:25 a.m. – Yoga Stretch 10:30 a.m. to 11:30 a.m. – Boomer ABCs 12:15 p.m. to 1 p.m. – Cardio Dance 6:25 p.m. to 7:25 p.m. – Zumba 7:35 a.m. to 8:35 p.m. – Yoga Stretch
Thursday March 13, 2025	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 10 p.m.	6 a.m. to 6:45 a.m. – Chisel 9 a.m. to 10 a.m. – Zumba 10:10 a.m. to 11:10 a.m. – Osteo Fitness 12:15 p.m. to 1 p.m. – RIP 6:25 p.m. to 7:25 p.m. – Total Body Strength 7:35 a.m. to 8:35 p.m. – Yoga Flow 7:35 a.m. to 8:20 p.m. – Cyclefit
Friday March 14, 2025	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 9 p.m.	6 a.m. to 6:45 a.m. – Cyclefit 9 a.m. to 10 a.m. – Yoga Fusion 10:05 a.m. to 11:05 a.m. – NIA 12:15 p.m. to 1 p.m. – Zumba 6 p.m. to 6:45 p.m. – Cycle
Saturday March 15, 2025	7:30 a.m. to 9 p.m.	7:45 a.m. to 7 p.m.	8 a.m. to 8:45 a.m. – Cyclefit 8:10 a.m. to 9:10 a.m. – Boot Camp 9:20 a.m. to 10:20 a.m. – Yoga Stretch 10:25 a.m. to 11:25 a.m. – Zumba 11:30 a.m. to 12:30 p.m. – Zumba
Sunday March 16, 2025	7:30 a.m. to 7 p.m.	7:45 a.m. to 5 p.m.	8:15 a.m. to 9 a.m. – Cyclefit 8:30 a.m. to 9:30 a.m. – Total Body Strength 9:30 a.m. to 10:25 a.m. – Yoga Flow

Note – We reserve the right to cancel, amend or change programs and activities. Updated 02/03/2025
For the most up-to-date schedules, please visit our website at www.aurora.ca/holidayschedules.

DATE	POOL Swim Times	POOL Aquafit Times	ROCK WALL & THE LOFT
Saturday March 8, 2025	8 a.m. to 9:30 a.m. – Lane swim	9:35 a.m. to 10:20 a.m. – Aquafitness	12 p.m. to 2 p.m. – Rock Wall 3:30 p.m. to 8 p.m. – The Loft
Sunday March 9, 2025	8 a.m. to 9:30 a.m. – Lane swim 1:30 p.m. to 2:30 p.m. – Sensory Swim	No Classes	2 p.m. to 3:30 p.m. – Adult Table Tennis
Monday March 10, 2025	Pool Closed	No Classes	
Tuesday March 11, 2025	Pool Closed	No Classes	
Wednesday March 12, 2025	Pool Closed	No Classes	5 p.m. to 7 p.m. – Rock Wall
Thursday March 13, 2025	Pool Closed	No Classes	4 p.m. to 7 p.m. – The Loft
Friday March 14, 2025	Pool Closed	No Classes	3:30 p.m. to 8 p.m. – The Loft
Saturday March 15, 2025	Pool Closed	No Classes	12 p.m. to 2 p.m. – Rock Wall 3:30 p.m. to 8 p.m. – The Loft
Sunday March 16, 2025	Pool Closed	No Classes	2 p.m. to 3:30 p.m. – Adult Table Tennis

Rock Climbing: A valid waiver must be completed prior to climbing the wall. Children ages 6 to 11 must have a parent/guardian present at the wall while they climb.

DATE	GYMNASIUM	SKATING & SHINNY
Saturday March 8, 2025	9:45 a.m. to 11:15 a.m. – Adult Pickleball 11:30 a.m. to 1 p.m. – Adult Pickleball 1:30 p.m. to 3 p.m. – Family Open Gym 3:30 p.m. to 5 p.m. – Youth Open Gym	
Sunday March 9, 2025	8:30 a.m. to 10 a.m. – Adult Pickleball 10:30 a.m. to 12 p.m. – Parent & Child Open Gym 12:30 p.m. to 2 p.m. – Youth Basketball 4 p.m. to 5:30 p.m. – Adult Pickleball 5:30 p.m. to 7 p.m. – Adult Pickleball	1 p.m. to 2 p.m. – Parent & Child Stick & Puck 2 p.m. to 3 p.m. – Family Shinny
Monday March 10, 2025	8:30 a.m. to 10 a.m. – Adult Pickleball 11:30 a.m. to 1 p.m. – Parent & Child Open Gym 4 p.m. to 5:30 p.m. – Youth Open Gym 8:30 p.m. to 10:30 p.m. – Adult Pickleball	
Tuesday March 11, 2025	11:30 a.m. to 1 p.m. – Family Open Gym 2:30 pm. to 4 p.m. – Adult Pickleball 4:30 p.m. to 6 p.m. – Youth Basketball 8:30 p.m. to 9:45 p.m. – Adult Volleyball 9:45 p.m. to 11 p.m. – Adult Volleyball	
Wednesday March 12, 2025	8:15 a.m. to 9:45 p.m. – Adult Pickleball 4:15 p.m. to 5:45 p.m. – Youth Open Gym 8:30 p.m. to 10:30 p.m. – Adult Pickleball	
Thursday March 13, 2025	8:30 a.m. to 10 a.m. – Adult Pickleball 10:30 a.m. to 12 p.m. – Parent & Child Open Gym 4 p.m. to 5:30 p.m. – Adult Pickleball 6:15 p.m. to 7:45 p.m. – Teen & Parent Open Gym	
Friday March 14, 2025	10:30 a.m. to 12 p.m. – Family Open Gym 6:30 p.m. to 8 p.m. – Youth Basketball 8 p.m. to 9:30 p.m. – Adult Basketball 9:30 p.m. to 11 p.m. – Adult Basketball	
Saturday March 15, 2025	9:45 a.m. to 11:15 a.m. – Adult Pickleball 11:30 a.m. to 1 p.m. – Adult Pickleball 1:30 p.m. to 3 p.m. – Family Open Gym 3:30 p.m. to 5 p.m. – Youth Open Gym	
Sunday March 16, 2025	8:30 a.m. to 10 a.m. – Adult Pickleball 10:30 a.m. to 12 p.m. – Parent & Child Open Gym 12:30 p.m. to 2 p.m. – Youth Basketball 4 p.m. to 5:30 p.m. – Adult Pickleball 5:30 p.m. to 7 p.m. – Adult Pickleball	1 p.m. to 2 p.m. – Parent & Child Stick & Puck 2 p.m. to 3 p.m. – Family Shinny

Family Open Gym: Participating adult over the age of 16 required for all participants. Limit of 3 participants per guardian. Guardian must pay program fee.

Parent & Child Open Gym: Children ages 4 to 8 must have a guardian present. Guardian must pay program fee.

Drop-ins: Activities have strict capacities and age guidelines. Admission sales begin 15 minutes prior to the scheduled program start time on a first come, first served basis. Pickleball registration is open 1 hour before the drop-in time, through the Town's online registration, or in person 15 minutes prior to the scheduled start time. No exceptions will be made.