

Aurora Family Leisure Complex (A.F.L.C.)

135 Industrial Parkway North | 905-841-7529

2024-2025 Winter Holiday Schedule

Saturday, December 21, 2024 to Friday, January 3, 2025

Customer Service, Programs & Activities

DATE	CUSTOMER SERVICE	FITNESS Club Aurora	FITNESS Group Fitness Classes
Saturday December 21, 2024	7:30 a.m. to 7 p.m.	7:45 a.m. to 7 p.m.	8 a.m. to 8:45 a.m. – Cyclefit 8:10 a.m. to 9:10 a.m. – Boot Camp 9:20 a.m. to 10:20 a.m. – Yoga Stretch 10:20 a.m. to 11:20 a.m. – Zumba
Sunday December 22, 2024	7:30 a.m. to 5:30 p.m.	7:45 a.m. to 5 p.m.	8:15 a.m. to 9 a.m. – Cyclefit 8:30 a.m. to 9:30 a.m. – Total Body Strength Training 9:35 a.m. to 10:35 a.m. – Yoga Fitness
Monday December 23, 2024	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 10 p.m.	9 a.m. to 9:50 a.m. – Cycle 9:15 a.m. to 10:15 a.m. – Yoga Stretch 10:25 a.m. to 11:25 a.m. – Yoga Stretch 10:30 a.m. to 11:30 a.m. – Boomer ABC's 12:15 p.m. to 1 p.m. – Boot Camp 6:25 p.m. to 7:25 p.m. – Chisel 7:35 p.m. to 8:35 p.m. – Yoga Stretch
Tuesday December 24, 2024	5:45 a.m. to 12 p.m.	5:45 a.m. to 12 p.m.	No Classes
Wednesday December 25, 2024	Facility Closed	Facility Closed	Facility Closed
Thursday December 26, 2024	7:30 a.m. to 2 p.m.	8 a.m. to 2 p.m.	No Classes
Friday December 27, 2024	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 9 p.m.	9 a.m. to 10 a.m. – Yoga Fusion 9:15 a.m. to 10:15 a.m. – Step 10:05 a.m. to 11:05 a.m. – NIA 10:30 a.m. to 11:30 a.m. – Muscle Fusion 55+ 12:15 p.m. to 1 p.m. – Zumba 6 p.m. to 6:45 p.m. – Cycle
Saturday December 28, 2024	7:30 a.m. to 7 p.m.	7:45 a.m. to 7 p.m.	8 a.m. to 8:45 a.m. – Cyclefit 8:10 a.m. to 9:10 a.m. – Boot Camp 9:20 a.m. to 10:20 a.m. – Yoga Stretch 10:20 a.m. to 11:20 a.m. – Zumba
Sunday December 29, 2024	7:30 a.m. to 5:30 p.m.	7:45 a.m. to 5 p.m.	8:15 a.m. to 9 a.m. – Cyclefit 8:30 a.m. to 9:30 a.m. – Total Body Strength Training 9:35 a.m. to 10:35 a.m. – Yoga Fitness
Monday December 30, 2024	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 10 p.m.	9 a.m. to 9:50 a.m. – Cycle 9:15 a.m. to 10:15 a.m. – Yoga Stretch 10:25 a.m. to 11:25 a.m. – Yoga Stretch 10:30 a.m. to 11:30 a.m. – Boomer ABC's 12:15 p.m. to 1 p.m. – Boot Camp 6:25 p.m. to 7:25 p.m. – Chisel 7:35 p.m. to 8:35 p.m. – Yoga Stretch
Tuesday December 31, 2024	5:45 a.m. to 3 p.m. 5:30 p.m. to 9:30 p.m.> >Family First Night (Town of Aurora Special Event)	5:45 a.m. to 3 p.m.	12:15 p.m. to 1 p.m. – RIP
Wednesday January 1, 2025	Facility Closed	Facility Closed	Facility Closed
Thursday January 2, 2025	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 10 p.m.	9 a.m. to 10 a.m. – Zumba 10:05 a.m. to 11:05 a.m. – Osteo Fitness 12:15 p.m. to 1 p.m. – RIP 6:25 p.m. to 7:25 p.m. – Total Body Strength Training 7:35 p.m. to 8:35 p.m. – Yoga Fitness 7:35 p.m. to 8:20 p.m. – Cycle
Friday January 3, 2025	5:45 a.m. to 10:30 p.m.	5:45 a.m. to 9 p.m.	9 a.m. to 10 a.m. – Yoga Fusion 9:15 a.m. to 10:15 a.m. – Step 10:05 a.m. to 11:05 a.m. – NIA 10:30 a.m. to 11:30 a.m. – Muscle Fusion 55+ 12:15 p.m. to 1 p.m. – Zumba 6 p.m. to 6:45 p.m. – Cycle

Note – We reserve the right to cancel, amend or change programs and activities. Updated 12/23/2024
For the most up-to-date schedules, please visit our website at www.aurora.ca/holidayschedules.

Family Open Gym: Participating adult over the age of 16 required for all participants. Limit of 3 participants per guardian. Guardian must pay program fee.

Parent & Child Open Gym: Children ages 4 to 8 must have a guardian present. Guardian must pay program fee.

Rock Climbing: A valid waiver must be completed prior to climbing the wall. Children ages 6 to 11 must have a parent/guardian present at the wall while they climb.

Drop-ins have strict capacities and age guidelines. Admission sales begin 15 minutes prior to the scheduled program start time on a first come, first served basis. Pickleball registration is open 1 hour before the drop-in time, through the Town's online registration, or in person 15 minutes prior to the scheduled start time. No exceptions will be made.

DATE	POOL Swim Times	POOL Aquafit Times	ROCK WALL & THE LOFT
Saturday December 21, 2024	8 a.m. to 9:30 a.m. – Lane Swim	9:35 a.m. to 10:20 a.m. – Aquafitness	3:30 p.m. to 8 p.m. – The Loft
Sunday December 22, 2024	8 a.m. to 9:30 a.m. – Lane Swim		
Monday December 23, 2024	6 a.m. to 9 a.m. – Lane Swim 12 p.m. to 2 p.m. – Lane Swim 8 p.m. to 10 p.m. – Lane Swim	7 p.m. to 7:45 p.m. – Aquafitness	
Tuesday December 24, 2024	6 a.m. to 9 a.m. – Lane Swim 10 a.m. to 12 p.m. – Lane Swim		
Wednesday December 25, 2024	Facility Closed	Facility Closed	Facility Closed
Thursday December 26, 2024	7:30 a.m. to 9 a.m. – Lane Swim 11 a.m. to 1 p.m. – Lane Swim		
Friday December 27, 2024	6 a.m. to 9 a.m. – Lane Swim 11 a.m. to 1 p.m. – Lane Swim		3:30 p.m. to 8 p.m. – The Loft
Saturday December 28, 2024	8 a.m. to 9:30 a.m. – Lane Swim	9:35 a.m. to 10:20 a.m. – Aquafitness	3:30 p.m. to 8 p.m. – The Loft
Sunday December 29, 2024	8 a.m. to 9:30 a.m. – Lane Swim		
Monday December 30, 2024	6 a.m. to 9 a.m. – Lane Swim 12 p.m. to 2 p.m. – Lane Swim 8 p.m. to 10 p.m. – Lane Swim	7 p.m. to 7:45 p.m. – Aquafitness	
Tuesday December 31, 2024	6 a.m. to 9 a.m. – Lane Swim 11 a.m. to 1 p.m. – Lane Swim 6 p.m. to 7 p.m. – Leisure Swim* 7:15 p.m. to 8:15 p.m. – Leisure Swim* *Free activity during Family First Night special event.		
Wednesday January 1, 2025	Facility Closed	Facility Closed	Facility Closed
Thursday January 2, 2025	6 a.m. to 9 a.m. – Lane Swim 11 a.m. to 1 p.m. – Lane Swim 8 p.m. to 10 p.m. – Lane Swim	7 p.m. to 7:45 p.m. – Aquafitness	4 p.m. to 7 p.m. – The Loft
Friday January 3, 2025	6 a.m. to 9 a.m. – Lane Swim 11 a.m. to 1 p.m. – Lane Swim		3:30 p.m. to 8 p.m. – The Loft

DATE	GYMNASIUM	SKATING
Saturday December 21, 2024	9:45 a.m. to 11:15 a.m. – Adult Pickleball 11:30 a.m. to 1 p.m. – Adult Pickleball 1:30 p.m. to 3 p.m. – Family Open Gym 3:30 p.m. to 5 p.m. – Youth Open Gym	
Sunday December 22, 2024	8:30 a.m. to 10 a.m. – Adult Pickleball 10:30 a.m. to 12 p.m. – Parent & Child Open Gym 12:30 p.m. to 2 p.m. – Youth Basketball 4 p.m. to 5:30 p.m. – Adult Pickleball	
Monday December 23, 2024	8:30 a.m. to 10 a.m. – Adult Pickleball 4 p.m. to 5:30 p.m. – Youth Open Gym	
Tuesday December 24, 2024	8:30 a.m. to 10 a.m. – Adult Pickleball 10:30 a.m. to 12 p.m. – Parent & Child Open Gym	
Wednesday December 25, 2024	Facility Closed	Facility Closed
Thursday December 26, 2024	8:30 a.m. to 10 a.m. – Adult Pickleball 10:30 a.m. to 12 p.m. – Parent & Child Open Gym 12:30 p.m. to 2 p.m. – Youth Open Gym	
Friday December 27, 2024	6:30 p.m. to 8 p.m. – Youth Basketball 8:30 p.m. to 10 p.m. – Adult Basketball	
Saturday December 28, 2024	9:45 a.m. to 11:15 a.m. – Adult Pickleball 11:30 a.m. to 1 p.m. – Adult Pickleball 1:30 p.m. to 3 p.m. – Family Open Gym 3:30 p.m. to 5 p.m. – Youth Open Gym	
Sunday December 29, 2024	8:30 a.m. to 10 a.m. – Adult Pickleball 10:30 a.m. to 12 p.m. – Parent & Child Open Gym 12:30 p.m. to 2 p.m. – Youth Basketball 4 p.m. to 5:30 p.m. – Adult Pickleball	
Monday December 30, 2024	8:30 a.m. to 10 a.m. – Adult Pickleball 4 p.m. to 5:30 p.m. – Youth Open Gym 8:30 p.m. to 9:45 p.m. – Adult Pickleball 9:45 p.m. to 11 p.m. – Adult Pickleball	
Tuesday December 31, 2024	8:30 a.m. to 10 a.m. – Adult Pickleball 10:30 a.m. to 12 p.m. – Parent & Child Open Gym 12:30 p.m. to 2 p.m. – Youth Basketball	6 p.m. to 7 p.m. – Holiday Skate* 7:15 p.m. to 8:15 p.m. – Holiday Skate* *Free activity during Family First Night special event.
Wednesday January 1, 2025	Facility Closed	Facility Closed
Thursday January 2, 2025	8:30 a.m. to 10 a.m. – Adult Pickleball 10:30 a.m. to 12 p.m. – Parent & Child Open Gym 12:30 p.m. to 2 p.m. – Youth Open Gym 3 p.m. to 4:30 p.m. – Adult Pickleball	
Friday January 3, 2025	6:30 p.m. to 8 p.m. – Youth Basketball 8:30 p.m. to 10 p.m. – Adult Basketball	