

Stronach Aurora Recreation Complex (S.A.R.C.)

1400 Wellington Street East | 905-726-4770

Canadian Tire Aquatic Centre Pool – Swim Schedule

Monday, March 10 to Sunday, March 23, 2025

Note – AFLC Pool Closed (Annual Maintenance)

DATE	AQUAFIT	LANE SWIM & THERAPY POOL	LEISURE SWIM
Monday March 10	9:05 a.m. to 9:50 a.m. – Aquafitness 9:55 a.m. to 10:40 a.m. – Aquafitness	7:30 a.m. to 9 a.m. 11 a.m. to 1 p.m. 9 p.m. to 10:30 p.m.	1:15 p.m. to 2:45 p.m.
Tuesday March 11	9:05 a.m. to 9:50 a.m. – Aqua Leisure 9:55 a.m. to 10:40 a.m. – Aquafitness 7:40 p.m. to 8:25 p.m. – Aqua Leisure	7:30 a.m. to 9 a.m. 11 a.m. to 1 p.m. 9 p.m. to 10:30 p.m.	1:15 p.m. to 2:45 p.m.
Wednesday March 12	9:05 a.m. to 9:50 a.m. – Aquafitness 9:55 a.m. to 10:40 a.m. – Aquafitness	7:30 a.m. to 9 a.m. 11 a.m. to 1 p.m. 9 p.m. to 10:30 p.m.	1:15 p.m. to 2:45 p.m.
Thursday March 13	9:05 a.m. to 9:50 a.m. – Aquafitness 9:55 a.m. to 10:40 a.m. – Aqua Leisure 7:40 p.m. to 8:25 p.m. – Aquafitness	7:30 a.m. to 9 a.m. 11 a.m. to 1 p.m. 9 p.m. to 10:30 p.m.	1:15 p.m. to 2:45 p.m.
Friday March 14	9:05 a.m. to 9:50 a.m. – Aqua Leisure 9:55 a.m. to 10:40 a.m. – Aquafitness	7:30 a.m. to 9 a.m. 11 a.m. to 1 p.m.	1:15 p.m. to 2:45 p.m.
Saturday March 15	9:35 a.m. to 10:20 a.m. – Aquafitness	12:30 p.m. to 2 p.m.	2:15 p.m. to 3:45 p.m.
Sunday March 16		12:30 p.m. to 2 p.m.	2:15 p.m. to 3:45 p.m.
Monday March 17	9:05 a.m. to 9:50 a.m. – Aquafitness 9:55 a.m. to 10:40 a.m. – Aquafitness	7:30 a.m. to 9 a.m. 11 a.m. to 1 p.m. 9 p.m. to 10:30 p.m.	
Tuesday March 18	9:05 a.m. to 9:50 a.m. – Aqua Leisure 9:55 a.m. to 10:40 a.m. – Aquafitness	7:30 a.m. to 9 a.m. 11 a.m. to 1 p.m. 9 p.m. to 10:30 p.m.	
Wednesday March 19	9:05 a.m. to 9:50 a.m. – Aquafitness 9:55 a.m. to 10:40 a.m. – Aquafitness	7:30 a.m. to 9 a.m. 11 a.m. to 1 p.m. 9 p.m. to 10:30 p.m.	
Thursday March 20	9:05 a.m. to 9:50 a.m. – Aquafitness 9:55 a.m. to 10:40 a.m. – Aqua Leisure	7:30 a.m. to 9 a.m. 11 a.m. to 1 p.m. 9 p.m. to 10:30 p.m.	
Friday March 21	9:05 a.m. to 9:50 a.m. – Aqua Leisure 9:55 a.m. to 10:40 a.m. – Aquafitness	7:30 a.m. to 9 a.m. 11 a.m. to 1 p.m.	
Saturday March 22	9:35 a.m. to 10:20 a.m. – Aquafitness	12:30 p.m. to 2 p.m.	2:15 p.m. to 3:45 p.m.
Sunday March 23		12:30 p.m. to 2 p.m.	2:15 p.m. to 3:45 p.m.

Note – We reserve the right to cancel, amend or change programs and activities. Updated 02/03/2025
For the most up-to-date schedules, please visit our website at www.aurora.ca/aquatics.